



CHESTER-LE-STREET AMATEUR ROWING CLUB

THE RIVERSIDE CHESTER-LE-STREET

Adult Membership 2015

Thank you for expressing an interest in rowing and joining our rowing club. We aim to cater for all standards of rowing from the social rower through to top competition and pride ourselves on our family atmosphere. We are affiliated to British Rowing and the Northern Rowing Council.

Adult Membership fees for 2015 are £195. If you go onto row competitively you will need to apply to British Rowing for a Rowing Licence. Membership does not include entry fees for Regatta and Head racing, the club will also charge you a small amount towards transport costs of taking boats to these events.

Rowing activities on the water and associated training can be performed safely if we manage the risks. Part of risk management is gathering information on health and swimming proficiency. This information is confidential but important to ensure your welfare as a participant. Our club follows the national body guidelines and all coaches and assistants are qualified for the activities they control including safety awareness. The club will regularly hold swim tests and training in capsized procedures.

Please provide the personal information requested below, as it is important we have your correct contact details.

Please complete in block capitals.

Name	
Date of Birth	
Address	
Post Code	
Tel No	
Mobile No	
Email	
Emergency Contact	
Emergency Tel	

DECLARATION OF HEALTH AND SWIMMING ABILITY

(Please delete as appropriate)

Do you have any special needs that our coaches should be made aware of?

Yes / No

If yes please give details

Do you suffer from any known medical or physical condition that may affect you during physical exercise? (If not sure please contact your doctor) This information is confidential but important to ensure that appropriate checks or preparations are in place to allow for you participate in rowing.

Yes / No

If yes please give details

Can you swim 50 meters in light clothing?

Yes/no

Can you swim 5 meters underwater?

Yes / No

Is there anything else we need to know about that may affect your ability to train, row or to take charge of a boat?

Yes / No

If yes please give details

Please note you have a duty to declare any condition that might put yourself or others at risk.

CONSENT

This section should be completed before any activity is undertaken.

- I apply to become an adult member of Chester-le-Street Amateur Rowing Club.
- I understand that all crews are selected by the captain and the head coach based upon on a squad basis with the objective of maximising participation, performance, individual improvement and club progression.
- I understand that in an event of any injury or illness all reasonable steps will be taken to contact the emergency contact (if deemed appropriate). However, if the contact is not available then I give permission for first aid to be administered or where necessary, treatment by a suitably qualified medical practitioner.
- Again, if the emergency contact is not available I authorise a qualified medical practitioner to provide emergency treatment or medication.
- I have read and agree to uphold the club rules.

Signature

Print Name

Date

Club Rules can be found on Club Website.

When you have completed the form please send or email it to the Club Secretary who will submit it to the next appropriate committee meeting for approval.

If you have any queries or concerns about completing this form please contact the Club Secretary.

FEES

The fees for 2015 are:

Membership type	Membership eligibility	Annual	Monthly
Associate Member	Any non-rowing member	£30 <input type="checkbox"/>	£2.50 <input type="checkbox"/>
Junior Member	Any member eligible to row at BR Junior Level	£156 <input type="checkbox"/>	£13.00 <input type="checkbox"/>
Adult Member	Adult rowing member	£195 <input type="checkbox"/>	£16.25 <input type="checkbox"/>
Family Membership	Up to two adults plus any full time students or juniors, living at the same address	£360 <input type="checkbox"/>	£30.00 <input type="checkbox"/>
Student Membership	Any adult member studying full time	£66 <input type="checkbox"/>	£5.50 <input type="checkbox"/>
Racking Fee	One boat per full rowing member (junior or senior) up to two per family membership	£75 per seat <input type="checkbox"/>	£6.25 <input type="checkbox"/>

Select your membership option

All fees are payable in full to Lee Forster (Club Treasurer) on the 1st April every year **or** on the 1st of each month by standing order (**12 payments must be paid within the year**).

Cheques to be made payable to **Chester-le-Street Amateur Rowing Club**.

Standing Orders to be made to **Sort code 20 27 41 Account 33611027**.