

Day	Date	Session	Notes	Coach
Tuesday	19th Dec	Paddle 4pm (J15-16 boys and Girls)	Hermitage still on	ST, HY
Wednesday	20th	Not on	Capsize Drill 6.45-8.45 (no LTR session)	ST, HY
Thursday	21st	Water and Ergs	GB rowers back from camp	ST, CT
Friday	22nd		Xmas Party	
Saturday	23rd	No club session	(Arran's Squad optional Training)	AL, CT
Sunday	24th	No club session	(Arran's Squad optional Training)	AL, HY
Monday	25th	No club session	Xmas Day	
Tuesday	26th	No club session	Hermitage off- Boxing Day	
Wednesday	27th	7pm Erg Session (boys 7-7.30, Girls from 8)		HY
Thursday	28th	5pm erg/water session (all ages from 5pm)	Older juniors on water, younger ergs	ST
Friday	29th	7pm Erg Session	j15-18 boys 7-7.30. j15-18 girls from 8	ST, CT
Saturday	30th	No club session		
Sunday	31st		New Year's Eve	
Monday	1st Jan	No club session	New Year's Day	
Tuesday	2nd	Water and ergs from 5pm (all ages)	(Hermitage off)	ST, HY
Wednesday	3rd			
Thursday	4th		Back to normal sessions	
Friday	5th		Back to normal sessions	
Saturday	6th		Back to normal sessions	CT
Sunday	7th		Back to normal sessions	
Monday	8th		Back to normal sessions	
Tuesday	9th		Hermitage back on	