



SPRING / SUMMER 2023 **CHESTER-LE-STREET LEARN TO ROW**

LEARN A NEW SPORT AT CLSARC!

COME DOWN TO THE RIVERSIDE AT CHESTER-LE-STREET AND LEARN A NEW SPORT. ROWING IS A GREAT WAY TO HAVE FUN, STAY FIT AND GET INVOLVED IN SOME COMPETITIVE RACING.

CLSARC CURRENTLY RUNS BOTH JUNIOR AND ADULT SQUADS OUT OF OUR BOATHOUSE ON THE RIVER WEAR. THE CLUB BOASTS ALMOST 150 YEARS OF HISTORY AND HAS A REPUTATION FOR PRODUCING EXCELLENT LOCAL, REGIONAL AND INTERNATIONAL ATHLETES.

WE ARE LOOKING FORWARD TO WELCOMING YOU TO OUR CLUB AND SEE WHERE YOUR ROWING ADVENTURE TAKES YOU!

**4 WEEKS LEARN TO
ROW FREE OF CHARGE**

**ADULTS AND
CHILDREN 12 (YEAR 7)
AND OVER**

**BRITISH ROWING
QUALIFIED
INSTRUCTORS**

**2 x 2 HOUR SESSIONS
PER WEEK FOR 4
WEEKS**

**END OF COURSE
REGATTA FOR ALL**

CHESTER-LE-STREET AMATEUR ROWING CLUB

Donald Owen Clark Centre
Chester-le-Street
DH3 3SJ

www.clsarc.org/learn2row

learn2row@clsarc.org