

Information for Crews and Coaches for Chester-le-Street Regatta

1. All draw information is now available online on the day at the following website

www.easyregatta.co.uk

this is where information for the draw and ongoing results will be published.

2. The divisions will start at 9:30 am, 11:30am and 2:30 pm. There will be a breaks between the divisions.
3. Cox due to be weighed should report to race control, where they will be directed to the weight station.
4. Boating for all races will be 25 mins before each published race time, crews must be at the top of the landing at that point, with their opposition. Boat crews will directed by marshals on the landing and be aware of race approaching the finish before moving upstream.
5. All equipment may be inspected before boating, any crew or equipment found not meeting the standard will not be allowed to boat until the problems are rectified, and may be penalised if they are late at the start as a consequence.
6. All substitutions must be reported to Race Control or be updated on BROE before the crew's first race.
7. All competitors must wear matching kit (above waist). For those new to the sport, plain T-shirts in club colours or white are acceptable.
8. All crew members must wear suitable clothing for the prevailing conditions (hot or cold) in case of unexpected delays to racing.
9. There are a number of overhanging trees on the course which are not in the racing line. These obstacles have been marked with tape, please be aware of them. Also please be aware of the trees on the Lumley Bank station approaching the finish, these can overhand the river causing the course to narrow.
10. Two holding areas for crews proceeding to the 900m start are marked with buoys and shown on the Course Map. Crews must wait and tuck into the bank in these areas until the umpire / marshals deem it safe to proceed.
11. Boats will be held beyond the start and marshalled in correct start order where they will proceed to the start.

12. **Start procedure**

As permitted in the British Rowing Rules of Racing, the Starter shall omit the words "two minutes" and proceed with the start procedure from Rule 7 – 3 – 4c when all other conditions for racing are met.

13. Crews racing must remain in their lane and respond to steering warnings given by umpires. Boats and oars should remain within the buoys marking the centre line and holding areas. Crews straying out of their lane risk disqualification.
14. Immediately after finishing, crews should look ahead for boats in the launching area. They will be directed beyond the finish and around the buoy (located under the road bridge) where they will be held until they can safely approach the landing guided by marshals on the landing.
15. Coaching with unaided voice is now allowed throughout the length of the course (BR Rule of Racing), but no coaching or following crews from bicycles, scooters, segways etc. will be allowed along the length of the course, due to path being a public right of way.
16. Safety launches are located between at approximately 1/3 and 2/3 distance on the course.
17. Prizes will be awarded immediately after each division.